

## INSTRUCTIONS – FACE MASK PATTERN 1

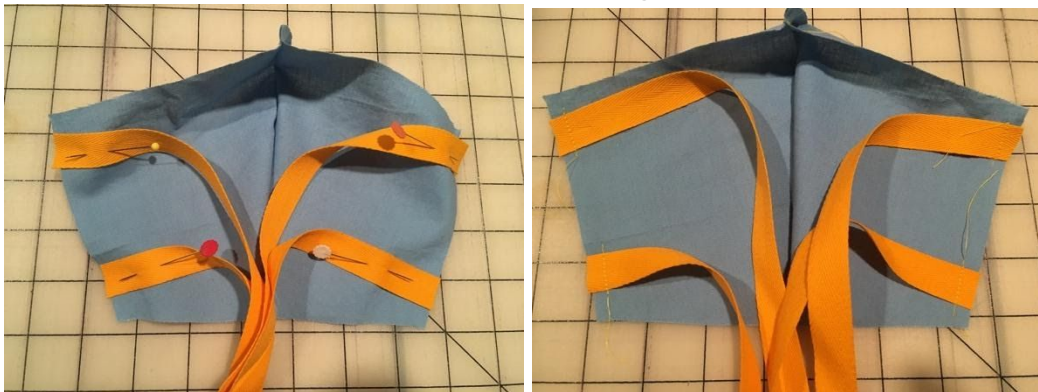
### **Step 1: Join center seam**

- Join the curved seam that is center of our mask by placing the pretty (RIGHT) sides together and sewing them in place. Use a 1/4" seam allowance.
- Repeat this step for the inner (lining) fabric.
- Clip the curved seam about 1/2" apart but not down to the seam.



### **Step 2: Attach ribbon to lining – Option 1**

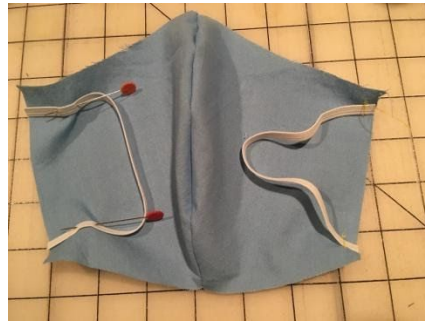
- Place your lining (inner) fabric down with the pretty side up.
- Cut four 14" lengths of grosgrain ribbon, twill tape, or bias tape (with sided stitched together). Use 1/4" to 5/8" wide.
- Place the ribbon 3/8" from each corner on the short side of the fabric so that they peak out just a bit from the mask, but the ribbon extends inward.
- Pin and stitch in place 1/4" from the edge.



### **Step 2: Attach Elastic to lining – Option 2**

- Place your lining (inner) fabric down with the pretty side up.
- Cut two 7" pieces of elastic. Use 1/8" to 1/4" wide flat elastic.

- Place piece of elastic 3/8" from top corner on the short side of the fabric so that it peaks out just a bit from the mask, but the elastic extends inward.
- Take the other end of the elastic and pin to the lower corner on the short side. Repeat for the other short side of the mask.
- Pin and stitch in place 1/4" from the edge.



### Step 3: Sew the outer (main) to the inner (lining) fabric

- Place your lining fabric down with the pretty side up.
- Place the main fabric on top of this with the pretty side down.
- Make sure the ribbons/elastic are all sandwiched between them.
- Pin around all edges of the mask. Pin the curved seam to one side for the lining and the opposite side for the main fabric.
- Sew around the mask leaving a 3" opening on the bottom so the mask can be turned right side out later. Use a 1/4" seam allowance.

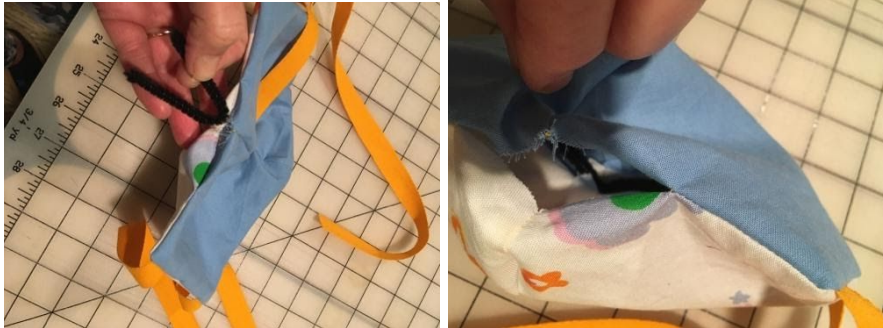


### Step 4: Turn the mask right side out

Just reach in through the opening at the bottom and carefully pull the mask through to turn it.

**Step 5: Insert nose wire** (If wire is not available this step can be left out)

- Cut a 4” length of nose wire. This can be a pipe cleaner, thick twist tie or jewelry wire.
- Use needle nose pliers to curl the ends of the wire back so the sharp edge won’t poke through the fabric.
- Bend it slightly in the middle.
- Insert the wire through the opening in the mask and slide it all the way to the top making sure the middle of the wire is at the top seam.



- On the outside, pin the wire against the seam.
- Stitch a casing around the wire making sure to start and stop outside of the wire.



### Step 5: Press the mask

Now that the mask is as it should be, it’s time to press it. Before doing so, make sure to fold the seam allowance of the side we left open inwards, so that we press it flat as if it was sewn.

Note: You can just finger press the sides and pin the seam allowance at the 3” opening.



**Step 6: Close open side of the mask and edge-stitch around the edge**  
Edge-stitch around the entire mask to give our mask some extra stability, and keep the lining at the back. Make sure the open side is folded neatly inside, then edge-stitch around the entire mask.

